



Reading, Writing, and Spelling Difficulties in Childhood Apraxia of Speech

By Jordan Christian
Resource Guide

Individuals with Childhood Apraxia of Speech are at an increased risk of reading, writing, and spelling difficulties. Although not all individuals will struggle with these areas, this is a risk factor for people with CAS. Comorbidities such as Dyslexia, ADHD, and other disabilities can increase the child's difficulty. With that said, you must rule out all potential diagnoses for your child. Treatment will vary from child to child. It's essential to know your child's full caseload, so I recommend a full screening of any potential diagnosis that could be contributing to your child's difficulties with any of these areas.

As an individual with Childhood Apraxia of Speech, I had to know how to pronounce the words and syllables before reading, writing, or spelling them. In my personal experience, I worked one on one with a Licensed Speech-Language Pathologist on how to sound each word out syllable by syllable. For this reason and my level of Severe CAS, is why I worked one on one with a Licensed Speech-Language Pathologist five times a week. Other things that might help your children are reading programs for CAS, tutoring, and at-home practice.

The resource provided below from the nonprofit Child Apraxia Treatment is a detailed resource on how to help your child start reading. Below is my website, Fighting for my Voice, where you have access to other resources such as an Apraxia identification card, a "What is CAS?" resource, school resources, and other fun things!

Child Apraxia Treatment Resource:

<https://www.childapraxiatreatment.org/beginning-readers/#learning-to-read>

For more information on CAS, you can check out my website at fightingformyvoice.com.

You can message me directly at fightingformyvoice@gmail.com.

